

# COVID-19: PEOPLE: WEBINAR - PRIORITISING WELLBEING

23 April 2020  
Webinars

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*People: prioritising wellbeing*, will look at how we adapt to the impact of Coronavirus – longer periods of remote working, reduced physical and social contact with others and increasing uncertainty bring new opportunities, and unintended consequences for us as individuals and as teams in relation to culture, productivity and engagement.

We'll be joined by [Petra Velzeboer](#), psychotherapist and leading mental health consultant. Proactively looking after our wellbeing, and that of those around us is increasingly important.

Among other things, we shall consider key questions, including in relation to:

- Leadership and management strategies in response to stress;
- The importance of developing a positive mindset;
- Recommendations for improving our wellbeing and those of our teams; and
- Sharing experiences and case examples of successful approaches.

This webinar will be chaired by [Chris Parsons](#), partner and Chairman of the India practice, and a staunch advocate for mental health and wellbeing.

[Access the Webinar](#)

[More on COVID-19](#)





## KEY CONTACTS

If you have any questions, or would like to know how this might affect your business, phone, or email these key contacts.



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